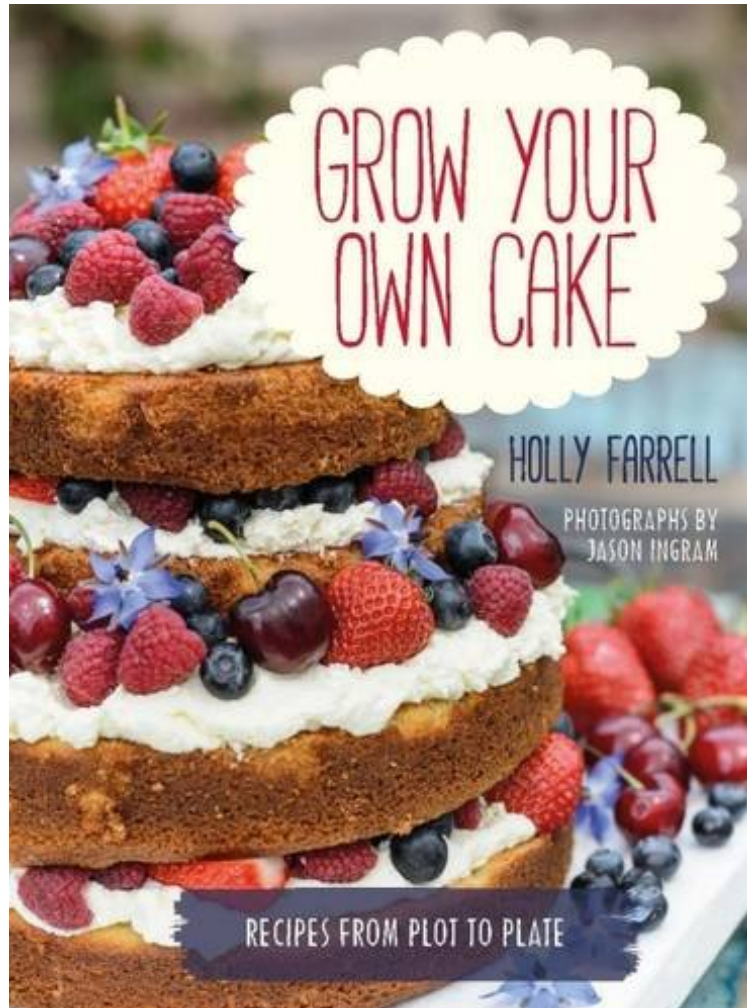


Grow Your Own Cake: Recipes from Plot to Plate

Holly Farrell, Jason Ingram

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Holly Farrell, Jason Ingram : Grow Your Own Cake: Recipes from Plot to Plate before purchasing it in order to gage whether or not it would be worth my time, and all praised *Grow Your Own Cake: Recipes from Plot to Plate*:

The veg plot and fruit garden are the new starting points for the healthiest, best cakes - and with this book you can grow and bake the tastiest cakes with most of the ingredients not far from your fingertips, all the way from sowing the seeds to cutting the cake. Choose the best baking varieties for each recipe: grow long sweet parsnips to grate into parsnip cake, and short baby parsnips for a tarte-tatin. From blackcurrants for meringues to lavender for shortbread, from sweet potatoes to spinach, cherries to chillies, beetroot to basil, and ginger to garlic, all manner of vegetables, fruit, herbs and flowers can be found in a baker's kitchen garden. *Grow Your Own Cake* helps you to take giant strides

on the road to self-sufficiency while turning your fabulous crops into sweet, savoury, floral and delicate treats. We say: grow it, bake it, eat it!

About the Author **HOLLY FARRELL** is the author of *Planting Plans for your Kitchen Garden* (2013, How To Books) and *RHS Plants from Pips* (2015, Mitchell Beazley). She contributes to gardening magazines such as *The Garden* and *Kitchen Garden*, and has a blog at www.hollyefarrell.com. Holly trained at RHS Gardens Wisley where she gained the Wisley Diploma in Practical Horticulture and the RHS Certificate and Diploma, both with Commendation. After working as Head Gardener on a private estate she now combines her career as a garden writer with freelance work as a consultant on (kitchen) gardens for private clients and Tom Stuart-Smith Ltd. Holly has been growing her own fruit and vegetables for many years, in a variety of settings from allotments to container gardens. Holly is also a keen and experienced baker, and while she's happy to produce wedding cakes for friends or hundreds of biscuits for a Christmas market stall, she doesn't need a reason to bake! **CINEAD McTERNAN** is a horticulturally trained editor of *The Edible Garden* magazine, and deputy editor of *The English Garden*. She has previously worked on *BBC Gardener's World*. **JASON INGRAM** is an award-winning garden and food photographer