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Growing Medicinal Plants: How to Grow and Harvest a Medicinal Garden for Healing, Curing, Beauty, and Glowing Radiant Skin

Barbara Glidewell

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Barbara Glidewell : Growing Medicinal Plants: How to Grow and Harvest a Medicinal Garden for Healing, Curing, Beauty, and Glowing Radiant Skin before purchasing it in order to gage whether or not it would be worth my time, and all praised Growing Medicinal Plants: How to Grow and Harvest a Medicinal Garden for Healing, Curing, Beauty, and Glowing Radiant Skin:

0 of 0 people found the following review helpful. Incredibly generalized.By Liza OsterholtThere are sections of information that are just missing. The author says there will be 2 headings and only provides one, or refers back to information that was never given.This makes a rough draft or outline for a book. But I was disappointed by the quality of the information.0 of 0 people found the following review helpful. Nice primer for growing using your own medicinal plantsBy William CIn this handy guide, you will learn many useful details about growing and using various plants and herbs for medicinal purposes. The author discusses the difference between herbal and pharmaceutical grade preparations as well as the many advantages of using herbal preparations. Also helpful is the section on preparing and maintaining your garden and harvesting your plants. Chapter 4 delves into the many uses for various herbs, how they heal and what they can cure. Subsequent chapters discuss homemade remedies for common ailments (burns, cut, scrapes rashes to name a few) as well as treatments for healthy skin. This is a nice primer for growing your own

medicinal plants and how to use them to heal and cure. 2 of 2 people found the following review helpful. Great guide
By Milan I'm growing my own garden to ensure I have sustainable food grown organically, under conditions I can control. Now, medicinal plants are a new field for me, and quite intimidating. Luckily this book helped me consider what sort of plants I should plant, how to grow them, and exactly how to harvest them. Definitely will use this as a resource for the long-run!

Growing and harvesting of medicinal plants for beneficial health and beauty There are two main classes of medicinal preparations - herbal and pharmaceutical. Pharmaceutical drugs are either synthesized or refined substances. On the other hand, herbal medicine is defined by the World Health Organization (WHO) as labelled and final medicinal products containing parts of plants (underground or aerial), plant materials, or combinations of both, as their main active ingredient. Plant materials may come in the form of gums, juices, essential oils, fatty oils, and other similar substances. Herbal drugs may also contain starch or other additives to improve the needed adhesive quality for preparing tablets or pills. However, medicines that have plant material mixed with chemically-active substances are not considered herbal. These include drugs that contain small amounts of isolated plant constituents. Why Should You Buy This Book? Learn Everything There Is to Learn There Are Tips and Techniques to Apply Information After You Learn A Short but Extremely Well Informed Book It Is Aimed towards Helping the Reader No Fluff, Only Real Informative Information Compacted into This Handbook Check out What You Will Learn After Reading This Book Below!! Medicinal Plants Homemade Medicinal Herbs Remedies at Home Herbs for Healing and Curing Planting and Harvesting Medicinal Herbs