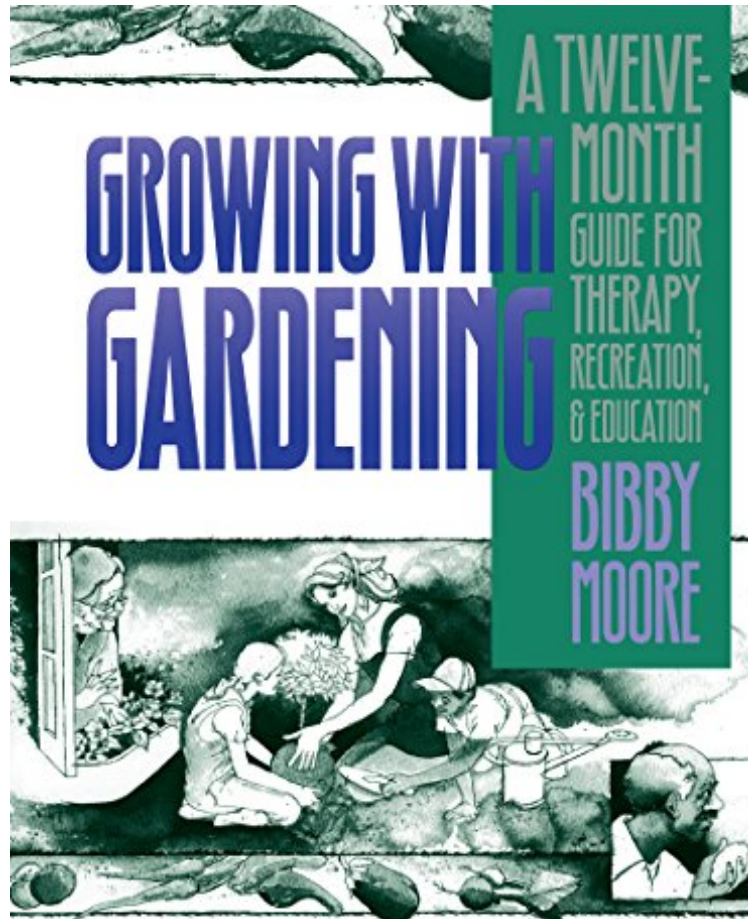


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# Growing with Gardening: A Twelve-month Guide for Therapy, Recreation, and Education

*Bibby Moore*

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## **Bibby Moore : Growing with Gardening: A Twelve-month Guide for Therapy, Recreation, and Education**

before purchasing it in order to gage whether or not it would be worth my time, and all praised Growing with Gardening: A Twelve-month Guide for Therapy, Recreation, and Education:

0 of 0 people found the following review helpful. Get GrowingBy Tia DWhat a complete guide for teaching students of all ages the finer points of gardening!I teach disabled adults in nursing homes and have found this manual is the 'bible ' of gardening guides.I highly recommend it!0 of 0 people found the following review helpful. Growing with Gardening: A Twelve-month Guide for Therapy, Recreation, and EducationBy Claire GriffithThis book is still very relevant and helpful if you are interested in horticultural therapy.15 of 15 people found the following review helpful.

Great Book for Garden Therapy By Mary W. GROWING WITH GARDENING is an excellent book to use when working with a group for garden/horticulture therapy. I am an Activity Director in a nursing home and have found this book full of ideas and guidance with what types of plants to plant, how to use them in programs including crafts, when to plant, how to prune and propagate, as well as other projects related to gardening. The book has step by step instructions to build a wheelchair accessible planter and to make a simple flower press. There are lists of supplies related to budget and ways to adapt the program to various ages and abilities. I have found this book has provided me with a wealth of new ideas to expand my residents gardening experiences.

Growing with Gardening offers step-by-step guidance in planning a year-round horticultural program for therapy, recreation, or education. Developed under the auspices of the North Carolina Botanical Garden, it features more than 250 activities, organized by month, ranging from designing a raised plant bed and building a wheelchair-accessible garden to constructing a plant press and creating crafts from natural plant materials. More than 200 illustrations complement the clear, concise text.

"The best horticultural therapy text that has been written. Richard H. Mattson, Kansas State University" "Especially good for people who have little or no gardening experience. Minnie S. Jefferson, Group Home Manager" "The book allows even the poorest green thumb to be successful. Kris Achhamer, Therapeutic Recreation Specialist" "The best horticultural therapy text that has been written. Richard H. Mattson, Kansas State University" "Especially good for people who have little or no gardening experience. Minnie S. Jefferson, Group Home Manager" "The book allows even the poorest green thumb to be successful. Kris Achhamer, Therapeutic Recreation Specialist" "The best, most comprehensive, book I have read about horticultural therapy." --Debbie Birk, Horticultural Therapy Coordinator

Growing with Gardening offers step-by-step guidance in planning a year-round horticultural program for therapy, recreation, or education. Developed under the auspices of the North Carolina Botanical Garden, it features more than 250 activities, organized by month, ranging from designing a raised plant bed and building a wheelchair-accessible garden to constructing a plant press and creating crafts from natural plant materials. More than 200 illustrations complement the clear, concise text. The book helps novices develop and implement a goal-oriented horticulture program to meet the needs of a clientele of varying ages and abilities. --Laury Troeleman, Certified Therapeutic Recreation Specialist

The book allows even the poorest green thumb to be successful and provides year-round activity options that enable staff members to create individualized programs for their clients. --Kris Achhamer, Therapeutic Recreation Specialist

Especially good for people who have little or no gardening experience. The book's craft ideas, proposed uses for finished products, and field trip suggestions are particularly helpful. --Minnie S. Jefferson, Group Home Manager

The best horticultural therapy text that has been written. It is exactly what activity therapists, volunteers, and horticultural therapists have needed for a long time. --Richard H. Mattson, Kansas State University

About the Author Bibby Moore is education and training coordinator for the North Carolina Division of Environmental Health and was for seven years coordinator of the Horticultural Therapy Program at the North Carolina Botanical Garden. She was the 1988 recipient of the Rhea McCandliss Professional Service Award of the American Horticultural Therapy Association and the 1991 winner of the Horticultural Therapy Award given by the American Horticultural Society.