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Healthy Buildings: A Design Primer for a Living Environment

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According to the World Health Organization, up to 30% of the world's buildings are sick - they adversely affect the health of the people living or working in them. Sick Building Syndrome is now widely recognized and research in Europe and the USA has shown that a cocktail of natural and man-made contaminants is responsible. This book takes the health of a building's users as an essential design element and provides a model for designing out harmful elements, and designing in those which make the built environment pleasant and safe. It covers health as a design element, external and internal factors or influence, the building as a third skin, technical information covering units and methods of measurement and codes of practice, materials, and a reference section of information providers.