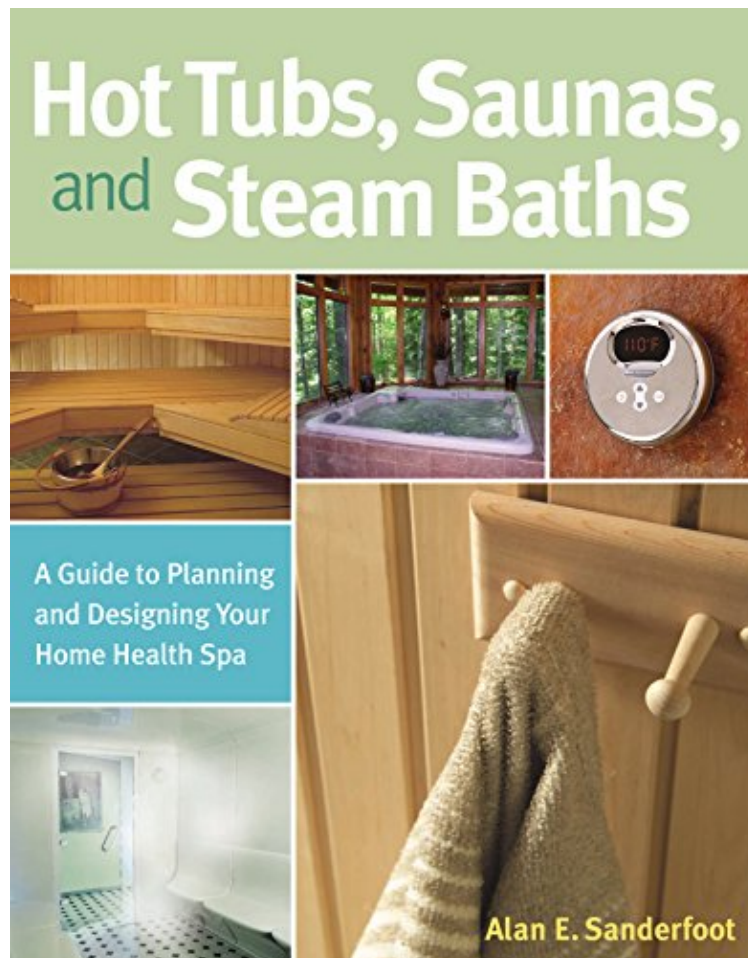


(Free download) Hot Tubs, Saunas, and Steam Baths: A Guide to Planning and Designing your Home Health Spa

Hot Tubs, Saunas, and Steam Baths: A Guide to Planning and Designing your Home Health Spa

Alan Sanderfoot

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Alan Sanderfoot : Hot Tubs, Saunas, and Steam Baths: A Guide to Planning and Designing your Home Health Spa before purchasing it in order to gage whether or not it would be worth my time, and all praised Hot Tubs, Saunas, and Steam Baths: A Guide to Planning and Designing your Home Health Spa:

24 of 25 people found the following review helpful. Hot tubsBy Dippy DinerPurchased for my savvy husband who is interested in building a steam room. He enjoyed the overall view of the book. It has a glossary, supplier list, and index, which I think is very nice. However, it did not give any book titles regarding this topic to go more in-depth in one of the discussed areas. The front cover states, 'for planning and designing your home health spa'. It seems that would be only for those who would hire it done. If one is truly interested in building a home spa, this a good background book, but you will need to look elsewhere if you truly want to build one.0 of 0 people found the following review helpful.

Steam bath infoBy happy in IdahoWith arthritis, it seems a steam bath might be just the right thing for our future bathroom remodel. This book gave us very specific information on how it is done, what is required in plumbing and electrical, and even the various health benefits from each type of setup. 11 of 11 people found the following review helpful. Good for planning and design, but it's not a DIY guideBy Michael A. DuvernoisThis could give you ideas or help you plan out a hot tub and/or sauna that you'll hire someone to build. There are better books for the do-it-yourselfer, but this one does have good pictures and a lot of different design ideas.

Unwind from a stressful day and soothe tired muscles in your own luxurious hot tub, sauna, or steam bath. Alan E. Sanderfoot shows you how to create the perfect home spa experience, from choosing which unit will work best for your needs to maintaining your investment for years to come. With expert advice on safety considerations, different types of jets, and even add-on sound systems and light fixtures, Sanderfoot covers everything you need to know to build the home spa of your dreams.

theres no better way to warm up than stepping into a hot tub, sauna or steam bath. Tennessean